



# Antibacterial and anti-inflammatory effects of *Thymus Capitatus* and its major components against subclinical mastitis in dairy cows



73rd EAAP Annual Meeting, Porto  
5-9 September 2022

Ralph NEHME  
Second-year PhD  
IDELE / STLO  
05/09/2022



- Subclinical mastitis (SM) → inflammation of the mammary tissue
- High cost
- Complicated treatment (using antibiotics)
- Antibiotic resistance
- Studies show the anti-inflammatory antibacterial effectiveness of essential oils





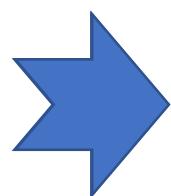
Study the antibacterial and the anti-inflammatory effects of *Thymus Capitatus* (TC) against subclinical mastitis



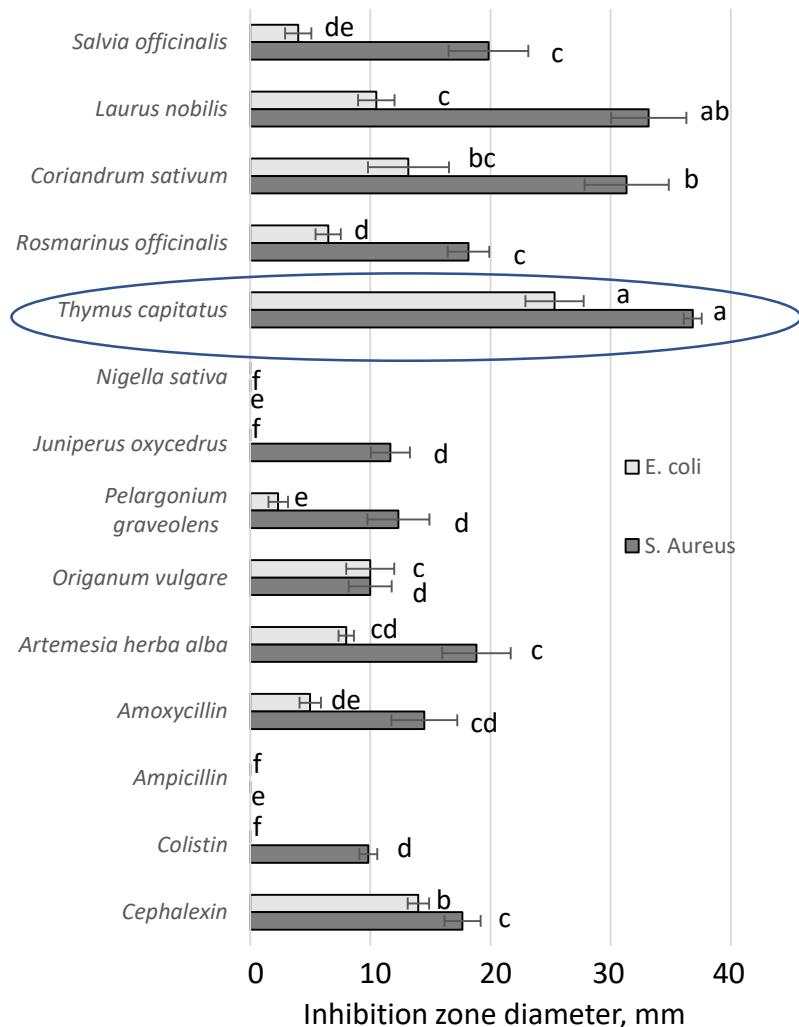
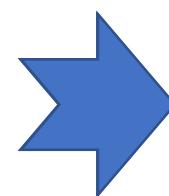


EO	Species
1	<i>Salvia officinalis</i>
2	<i>Laurus nobilis</i>
3	<i>Coriandrum sativum</i>
4	<i>Rosmarinus officinalis</i>
5	TC
6	<i>Nigella sativa</i>
7	<i>Juniperus oxycedrus</i>
8	<i>Pelargonium graveolens</i>
9	<i>Origanum vulgare</i>
10	<i>Artemesia herba alba</i>

## Disc diffusion method

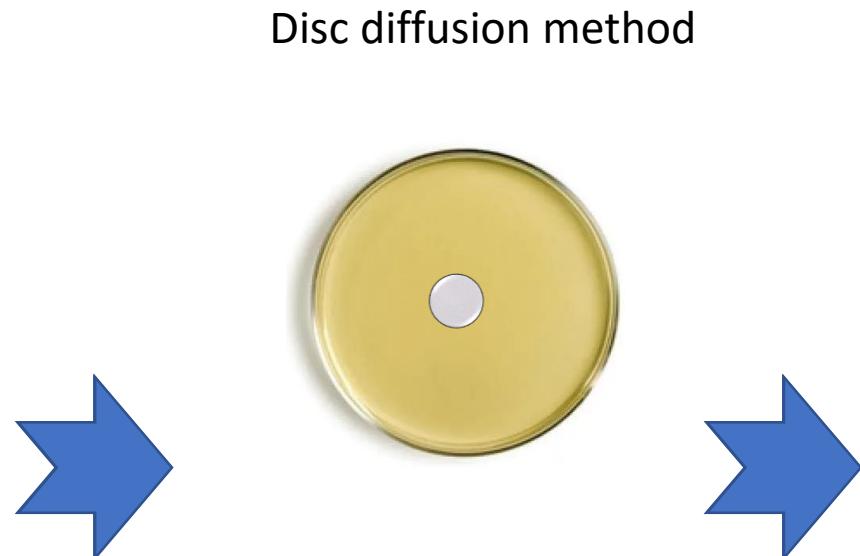


*Echerichia coli*  
*Staphylococcus aureus*





EO	Species
1	<i>Salvia officinalis</i>
2	<i>Laurus nobilis</i>
3	<i>Coriandrum sativum</i>
4	<i>Rosmarinus officinalis</i>
5	TC
6	<i>Nigella sativa</i>
7	<i>Juniperus oxycedrus</i>
8	<i>Pelargonium graveolens</i>
9	<i>Origanum vulgare</i>
10	<i>Artemesia herba alba</i>



### TC composition using GC MS

N°	Compound	% of total volatiles
1	α-thujene	1.49 ± 0.06
2	α-pinene	0.71 ± 0.01
3	Camphene	0.21 ± 0.00
4	β-myrcene	1.42 ± 0.05
5	l-Phellandrene	0.30 ± 0.00
6	α-terpinene	1.84 ± 0.07
7	p-cymene	7.06 ± 0.15
8	β-phellandrene	0.55 ± 0.01
9	γ-terpinene (T)	7.58 ± 0.16
10	Linalool	1.95 ± 0.07
11	Borneol	0.57 ± 0.01
12	Cyclohexen-1-ol	0.91 ± 0.02
13	Thymol	0.24 ± 0.00
14	Carvacrol (C)	70.62 ± 1.07
15	Caryophyllene	4.55 ± 0.08



## *EX VIVO*

- Peripheral blood mononuclear cell (PBMC) stimulated with toxins and *TC*



## *IN VIVO*

- Application of *TC* on the udder.
  - Anti-inflammatory
  - Anti-bacterial
  - milk quality and properties



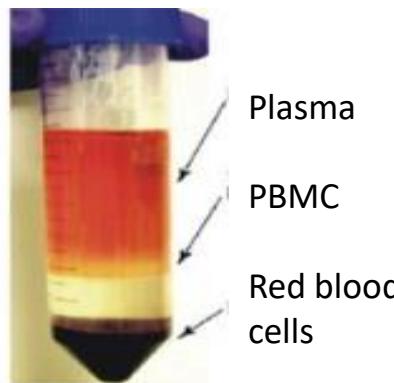
1

## Fresh blood from jugular vein

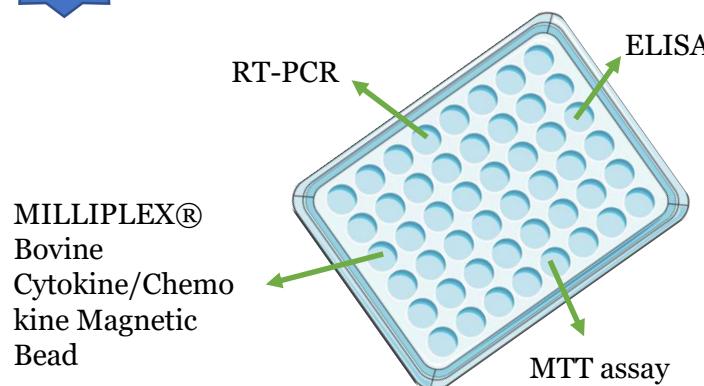


2

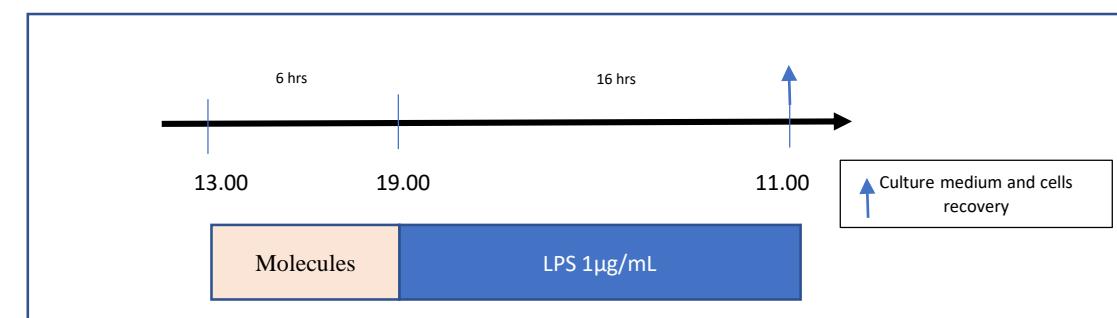
## PBMC isolation



3

PBMC stimulation with LPS (*E. coli* 0111:B4 ; L4391)Stimulation with *TC* and its major components :

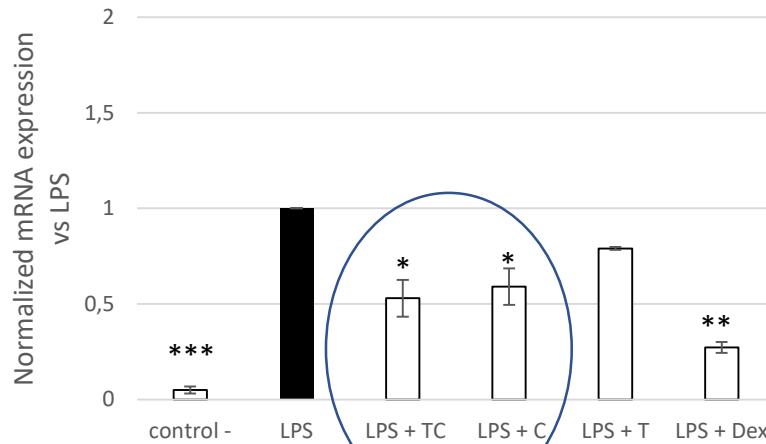
Molecules	Final concentration
T	0,5 µg/mL
C	0,5 µg/mL
<i>TC</i>	3 µg/mL
Dexamethasone (Dex)	19.6µg/mL



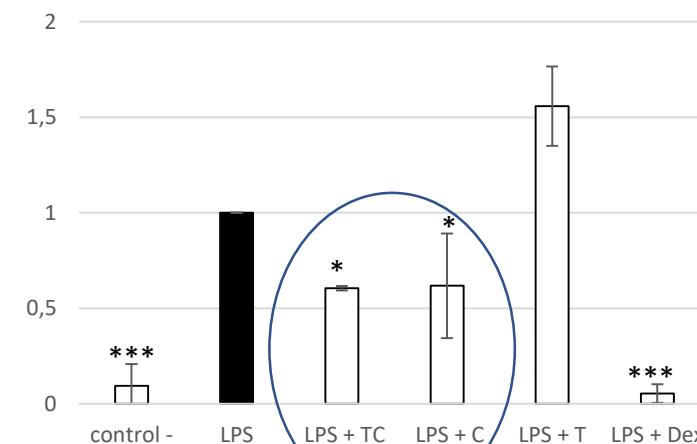
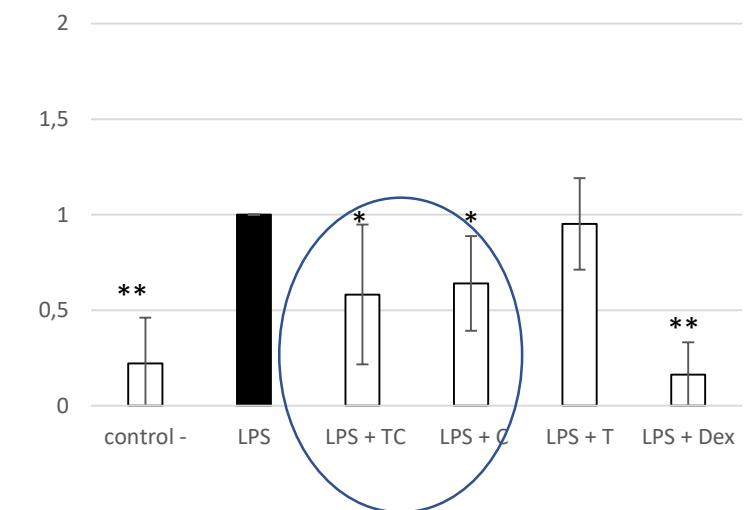


## Results: RT PCR

Cyclooxygenase-2 (COX-2)



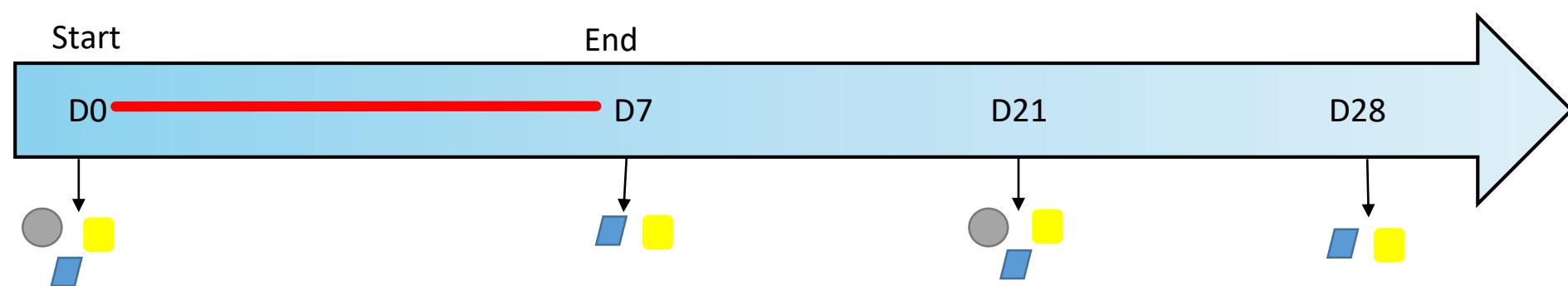
Interleukin 6 (IL6)

Tumour Necrosis Factor alpha (TNF $\alpha$ )

- *Thymus capitatus* and carvacrol decrease the expression of COX2, IL6 and TNF  $\alpha$  inflammation by 2



- 12 cows (Prim'Holstein) with SM
- SM is detected when : Successive somatic cell count (SCC) >  $10^5$  cells/mL **and** presence of pathogens in milk
- Treatment group (n=6) : milking grease + TC (10%)
- Control group (n=6) : milking grease
- Application : 2 times per day



- Milk quality : Sensory and Technological analysis (zetasizer) ●
- Marker of Inflammation (Interleukin 8 (IL8) in milk using ELISA) □
- Microbiological analysis ■
- SCC: flow cytometer (2 times per week)



## Bacteriological

Coagulase-negative staphylococci (85% of infections)

Evolution of the number of sterile milk from affected quarters

Day	D0	D8	D21	D28
Control	0/8	1/8	1/8	2/8
Treatment	0/8	1/8	2/8	2/8

## SCC

Nonsignificant difference between the 2 groups  
p=0.766

Evolution of the SCC

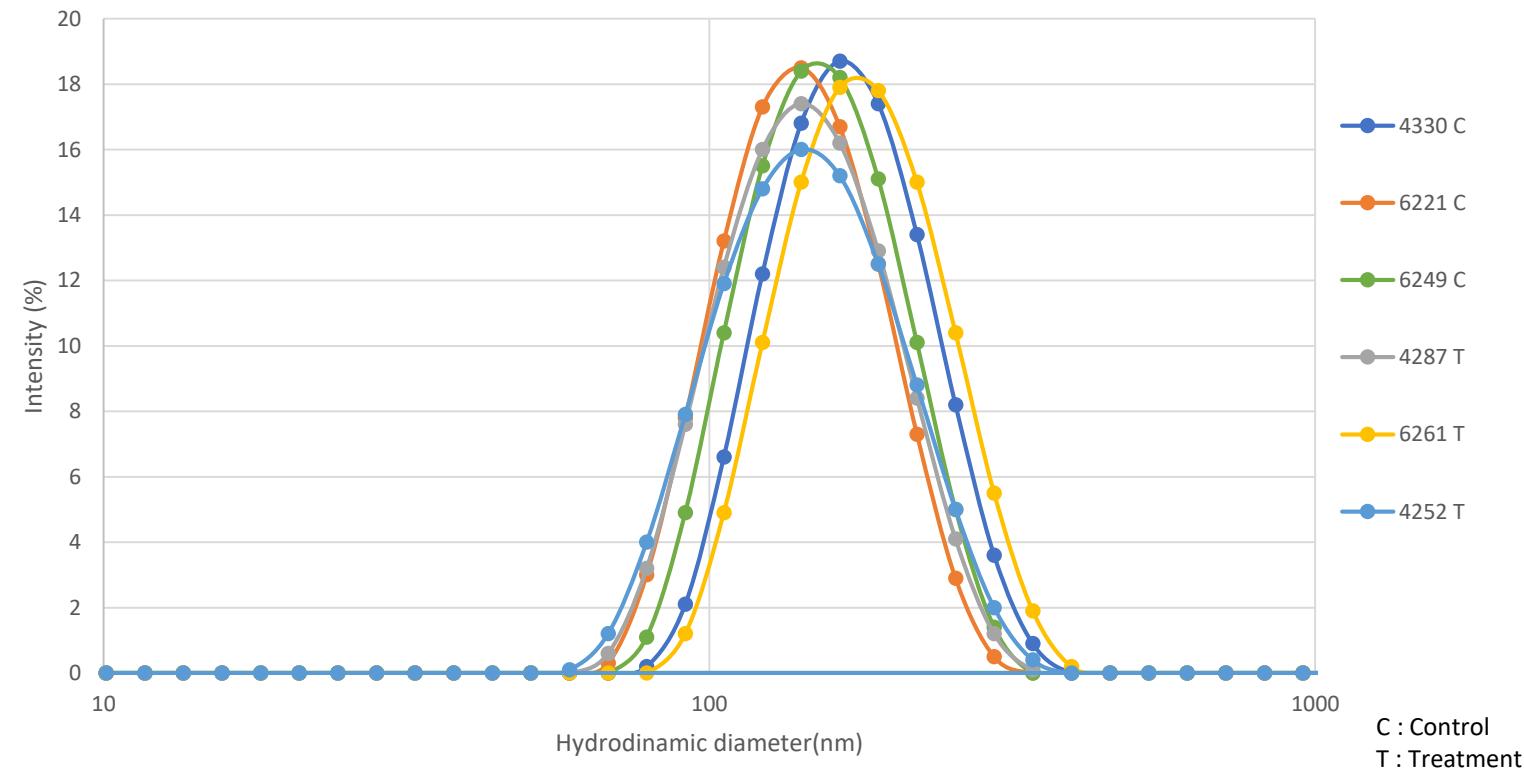
Day	Before (*10 <sup>3</sup> cells/mL)	After (*10 <sup>3</sup> cells/mL)
Control	138	137
Treatment	147	141



- Nutritional properties
- Sensory analysis

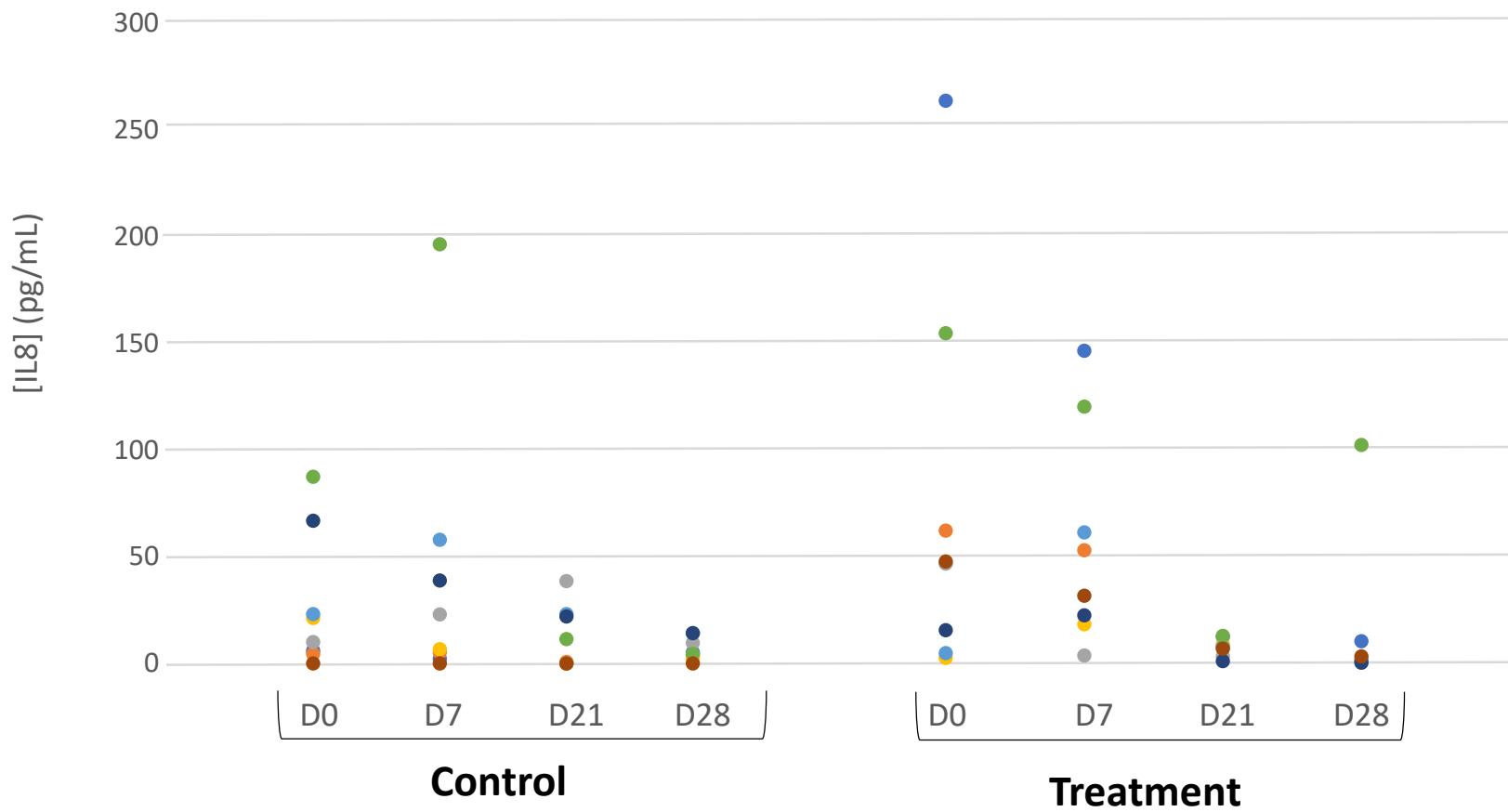
Global smell
Acidity
Aromas
Sweetness
Color
Bitterness
Creaminess
TC's smell

Distribution of the hydrodynamic diameters of casein micelle in milk in both groups





## Results 3/3: Milk inflammation (IL8)



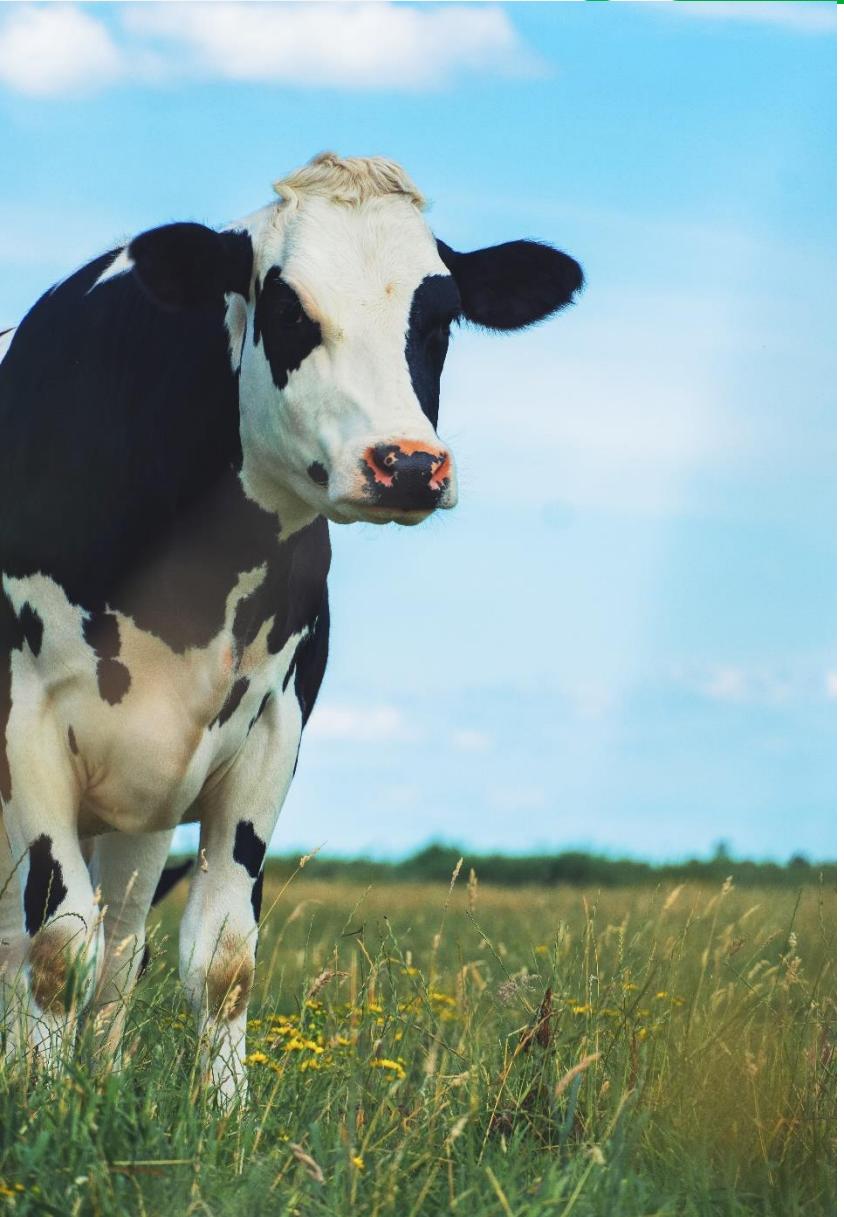
No evidence that TC affect the presence of the inflammatory cytokine IL8 in milk

## Conclusion

- *TC* presents:
  - Antibacterial properties;
  - Anti-inflammatory properties as its main component carvacrol
- *TC* doesn't affect the milk properties and quality
- Inconclusive *in vivo* results
- Dose of the *TC* in the *in vivo* essay
- Frequency of the application
- Oxidation of the *TC* during its application
- *TC* and milk interaction → alteration of antibacterial properties (Lefèvre 2008)



**Further studies are needed to test these hypothesis**



# THANK YOU FOR YOUR ATTENTION

Latifa ABDENNEBI-NAJAR  
Said BOUHALLAB  
Elise VANBERGUE  
Sergine EVEN  
Lucie RAULT  
Michele SABBAH  
Florence ROUSSEAU  
Hanen FALLEH  
Riad KSOURI  
Fabrizio CECILIANI  
Renato PEREIRA  
David PEREIRA  
Valerie HARDIT  
Faustine NOEL  
Experimental farm team